



golf bar menu

BREAKFAST

Available 9am - 11am

Bacon rolls available from 7am - 9am from FOH staff

Porridge	£3.95
Choice of seasonal berries or banana and maple syrup	
Breakfast Roll	£3.95
Choice of grilled back bacon, pork sausage or fried egg	
Ultimate Breakfast Roll	£5.95
Bacon, sausage, fried egg, brown sauce in toasted roll	
Three Egg Omelette	£6.25
Choice of two fillings: ham, mushroom, cheese, chorizo, spring onion	
Extra fillings	£1.00 each
Toast and Preserves	£2.50
Toasted Teacake and Preserves	£2.50

ALL DAY DINING

SANDWICHES AND LIGHT BITES from 11am

Homemade Soup of the Day	£5.25
Baked Potato	£6.95
Filled with your choice of tuna and spring onion mayo, baked beans, cheddar cheese, or spicy beef chilli	
All sandwiches served with sea salt crisps, side salad.	
Upgrade to chunky chips	£2.00
Egg and Cress Mayo	£5.95
White bloomer	
Tuna and Spring Onion Mayo	£6.95
Brown bloomer	
Cajun Spiced Chicken Caesar Wrap	£6.95
Shredded cos lettuce, Caesar dressing, shaved parmesan	
Mature Cheddar Baguette v	£5.75
Tomato chutney	
Baked Honey Glazed Ham Baguette	£6.95
Dijon mayo	
Philly Cheesesteak	£10.95
Thin sliced roastbeef, sautéed peppers, smoked cheddar, on a soft sub roll	
Spicy Falafel Tortilla Wrap VG	£6.50
Shredded vegetables, harissa	

PIZZAS

Margherita v	£10.25
Plum tomato, basil, buffalo mozzarella	
Spicy Pepperoni	£12.00
Sliced pepperoni, chilli peppers, spicy tomato ragu, mozzarella	
Veggie v	£10.50
Red onion, olives, peppers, plum tomato, rocket	

SIDE ORDERS

Mixed Leaf Salad	£3.00
Bowl of Chunky Chips	£2.95

MAIN PLATES

Chargrilled Chicken Caesar Salad	£11.50
Crisp cos lettuce, Caesar dressing, anchovies, parmesan, croutons	
Sweet Potato, Chickpea and Vegetable Curry v	£8.75
Braised wild rice, naan bread, cucumber mint raita	
Chicken Korma	£12.95
Creamy chicken and coconut curry, basmati rice, naan breads, cucumber raita	
Battered Scampi	£8.95
Peas, chips, tartar sauce	
Grilled 8oz Gammon Steak	£8.50
thick cut chips, peas and fried egg	
Beer Battered Cod	£12.50
Peas, chips, tartar sauce	
Chargrilled 8oz Beef Burger	£11.95
Dijon mayo, gherkins, sautéed onions, served on a seeded bun, chunky chips, coleslaw	
Add Monterey Jack cheese or crisp smoked streaky bacon	£1.00 each
Chargrilled Chicken Burger	£11.95
Dijon mayo, gherkins, sautéed onions, served on a seeded bun, chunky chips, coleslaw	
Add Monterey Jack cheese or crisp smoked streaky bacon	£1.00 each

SNACKS AND SHARERS

Chicken Wings	
Choice of smoky BBQ, teriyaki glaze, hot buffalo style or chunky blue cheese sauce	
6 wings	£7.50
12 wings	£14.00
20 wings	£19.00
Nacho Platter	
Seasoned tortilla chips topped with spicy beef chilli, Monterey Jack cheese, salsa and sour cream	
Single	£6.50
To Share	£12.00
Ploughman's Lunch	£7.95
Wedge of mature cheddar, sliced ham, pork pie, crusty bread, salad and piccalilli	
Single	£7.95
To Share	£15.00

DESSERTS

Assortment of Homemade Ice Creams or Sorbets	£4.95
Rhubarb and Oat Crumble	£6.50
Spiced Creme Anglaise	
Warm Fudge Brownie	£5.95
Pouring cream	
Selection of Welsh Cheeses	£7.95

All prices include VAT. All weights are approx. prior to cooking. **The Vale Resort recognises that it works with a comprehensive list of ingredients and menu items may contain or come into contact with one or more of the 14 common allergens. If concerned, please speak to our staff about the ingredients in your meal, when making your order.**

Dietary requests and intolerances - v Denotes dishes suitable for vegetarians. g Denotes dishes suitable for gluten free. VG Denotes dishes suitable for vegans and vegetarians.