



menu



BREAKFAST Served 9am - 11am

Toast and Preserves	£2.95
Hearty Porridge (v) Choice of seasonal berries or banana, maple syrup	£3.95
Breakfast Roll Choice of local sausage, grilled back bacon or fried egg	£3.95
Additional Fillings	£0.75 each
Eggs Royale Poached egg and smoked salmon on toasted English muffin, hollandaise sauce	£6.95
Three Egg Omelette Choice of 2 fillings- ham, mushroom, cheese, chorizo and spring onion	£6.25
Additional Fillings	£0.75 each

LUNCH Served 11am - 6pm

SNACK AND LIGHT BITES

Freshly Baked Artisan Breads With balsamic and olive oil	£3.75
Homemade Soup of the Day With a fresh baked roll	£5.25
Baked Potato Filled with your choice of tuna and spring onion mayo, baked beans, cheddar cheese or black bean chilli	£5.95
Char-grilled Chicken Churrasco Skewers (g) Coconut rice, roasted sweetcorn, saffron aioli	£6.25
Chicken Wings Choice of smoky BBQ, teriyaki glaze or hot buffalo style, chunky blue cheese sauce	£7.50

SANDWICHES

All Served with Sea Salt Crisps and Side Salad
Upgrade to Shoestring Fries for £2.00

Mature Cheddar Baguette With tomato chutney	£5.95
Spicy Falafel Tortilla Wrap (vg) Shredded vegetables and harissa	£6.50
Baked Honey Glazed Ham Baguette With dijon mayo	£6.95
Tuna and Spring Onion Mayo On brown bloomer	£6.95
Char-grilled Chicken Caesar Wrap Shredded cos lettuce, Caesar dressing and shaved parmesan	£7.50
Vale Club Roasted turkey breast, smoked streaky bacon, gem lettuce, beef tomatoes between three slices of toasted farmhouse bread	£9.50

MAIN PLATES

Mediterranean Cous Cous Salad (vg) Roasted vegetables, mixed leaves and lemon dressing	£8.95
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Brazilian Feijoada (vg) Vegan sweet potato, black bean and roasted pimento stew, braised rice, vegetable crisps, fresh coriander	£9.75
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Chicken Jalfrezi Spicy chicken curry, roasted peppers, basmati rice, naan breads, cucumber raita	£10.95
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Beer Battered Cod Mushy peas, chips and tartar	£9.50
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Char-grilled 8oz Beef Burger Dijon mayo, gherkins, sautéed onions, served on a seeded bun with shoestring fries Add Monterey Jack cheese or crisp smoked streaky bacon	£11.50 £1.00
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Char-grilled Chicken Caesar Crisp cos lettuce, Caesar dressing, anchovies, parmesan, croutons, topped with grilled chicken breast	£11.50
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Buttermilk Battered Chicken Breast Burger Spicy buffalo mayo, served on a seeded bun with shoestring fries Add Monterey Jack cheese or crisp smoked streaky bacon	£11.95 £1.00
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Grilled Steak Salad (g) Sliced rump steak on mixed leaves with boiled potatoes, caramelized red onions, Perl Las cheese	£13.50
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SIDE ORDERS

Fresh Steamed Seasonal Vegetables	£2.95
Seasoned Shoestring Fries	£2.95
Side Mixed Leaf Salad	£2.95
Toasted Garlic Ciabatta	£2.95
Bowl of Chunky Chips	£2.95

DESSERTS

Assortment of Homemade Ice Creams or Sorbets (v)	£4.95
Warm Fudge Brownie (v) Pouring cream and chocolate ganache	£5.95
Selection of Welsh cheeses (v)	£6.95
Daily Dessert Selection - from our specials board	

CHILDREN'S MENU

2 COURSE KIDS MEAL DEAL Choose any meal plus a dessert and drink	£7.50
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Ham Salad Wrap Cucumber and carrot batons	£3.95
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Fish Fingers Chips, peas, side salad	£5.50
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Chicken Goujons Chips, beans, side salad	£5.50
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Grilled Chicken Strips Chips, beans, side salad	£5.50
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Kids Pizza Square (v) Topped with homemade pizza sauce Mozzarella cheese, chips	£5.50
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Selection of Ice Creams (v)	£2.95
Brownie (v)	£2.95

The Vale Resort recognises that it works with a comprehensive list of ingredients and menu items may contain or come into contact with one or more of the 14 common allergens. If concerned, please speak to our staff about the ingredients in your meal, when making your order.

Food allergies and intolerances - please speak to a member of our team about the ingredients in your meal prior to ordering. **(d)** Denotes dishes suitable for dairy free **(h)** Denotes healthy dishes **(v)** Denotes dishes suitable for vegetarians **(g)** Denotes dishes suitable for gluten free. **(vg)** Denotes dishes suitable for vegan. Food allergies and intolerances - Ask a member of staff about the ingredients in your meal prior to ordering.