

# DELEGATE MENUS



(g) Gluten free, (v) Vegetarian.

## MENU

HOT AND COLD SELECTION

### EVERYDAY SALAD BAR OPTIONS

- ♥ Mixed leaves
- ♥ Tomato, onion, grated carrots and beetroot
- ♥ Various toppings to include seeds, dried fruits, croutons
- ♥ Dressings, oil, vinegar
- ♥ Caesar salad
- ♥ New potato and chive salad

### BUILD A SANDWICH STATION

- ♥ Sliced breads, flatbreads, rolls, gluten-free bread
- ♥ Selection of 3 thinly sliced cured and roasted meats, (roast beef, turkey, ham, salamis)
- ♥ Tuna and spring onion mayo
- ♥ Chunky chickpea hummus
- ♥ Selection of sliced cheeses
- ♥ Bowls of dips and spreads, (mayo, mustard, chutney, pickle, gherkins)

### HOT MAIN ITEMS

- ♥ **Selection changes daily on a rotational basis, see next page for daily breakdown.**

### DESSERTS

- ♥ Chef's selection (choice of 2 minimum)
- ♥ Fresh whole fruit bowl and cut fruit platter



01443 665803 | [www.hensolcastle.com](http://www.hensolcastle.com)

# DELEGATE MENUS



## HOT MAIN ITEMS

### DAY 1

- ♥ Chargrilled churrasco chicken, roasted sweetcorn, saffron aioli
- ♥ Black bean and sweet potato chilli (v) (g)
- ♥ Braised wild rice (v) (g)
- ♥ Fresh seasonal vegetables

### DAY 2

- ♥ Fresh baked focaccia pizza wedges (v)
- ♥ Fennel and chilli sausages, sautéed peppers and onions
- ♥ Herb roasted potato (v) (g)
- ♥ Roasted Mediterranean vegetables

### DAY 3

- ♥ Sweet and sour chicken
- ♥ Vegetable spring rolls, coconut curry sauce (v) (g)
- ♥ Ginger Jasmine rice (v) (g)
- ♥ Stir fried vegetables (v) (g)

### DAY 4

- ♥ Beef and ale stew, herb dumplings
- ♥ Vegetable cottage pie, sweet potato mash
- ♥ Cajun spiced potato wedges
- ♥ Roasted root vegetables

(g) Gluten free, (v) Vegetarian.



01443 665803 | [www.hensolcastle.com](http://www.hensolcastle.com)

# DELEGATE MENUS



(g) Gluten free, (v) Vegetarian.

## HOT MAIN ITEMS

### DAY 5

- ♥ Chicken fajita with warm tortillas, crispy taco
- ♥ Baked frittata, peppers, potato, spring onions
- ♥ Patatas bravas
- ♥ Roasted sweetcorn, peas, peppers

### DAY 6

- ♥ Grilled gammon steaks, honey mustard glaze
- ♥ Vegan sausages, onion gravy (v) (g)
- ♥ Mashed potatoes
- ♥ Broccoli, carrots

### DAY 7

- ♥ Baked rigatoni, pork meatballs
- ♥ Cannelloni stuffed with ricotta and spinach
- ♥ Crushed potato cakes, parsley, capers
- ♥ Spinach and leeks, roasted garlic

### DAY 8

- ♥ Tandoori roast chicken, cucumber raita
- ♥ Chickpea daal, mango chutney (v) (g)
- ♥ Turmeric basmati rice
- ♥ Fresh seasonal vegetables



01443 665803 | [www.hensolcastle.com](http://www.hensolcastle.com)