

LUNCH MENU



FOR DINING ON TERRACE 11AM-5PM

SNACKS AND LIGHT BITES

Homemade Soup of the Day (VG)	£5.25
With fresh baked roll	
Freshly Baked Artisan Breads (VG)	£3.75
Balsamic and olive oil	
Chicken Wings	£7.50
Choice of Carolina BBQ, teriyaki glaze or hot buffalo style, with chunky blue cheese sauce	
Salt and Pepper Crispy Fried Squid	£6.95
Anchovy and caper tartar sauce	

SANDWICHES

All sandwiches served with sea salt crisps and creamy coleslaw.

Upgrade to seasoned skinny fries or onion straws	£2.00
Cajun Spiced Chicken Caesar Wrap	£7.50
Shredded cos lettuce, Caesar dressing and shaved parmesan	
Vale Club	£9.95
Roasted turkey breast, smoked streaky bacon, gem lettuce, beef tomatoes between three slices of toasted farmhouse bread	
California Club	£8.95
Char-grilled chicken, avocado, beef tomatoes, crisp gem lettuce and pico de gallo salsa on seeded wholemeal bun	
Ham and Applewood Smoked Cheddar Baguette	£7.25
Crisp gem lettuce, beef tomatoes and orchard apple chutney	
Tuna and Spring Onion Mayo	£6.95
Brown bloomer	

HEALTHY MEALS

Baked Jacket Potato (G)	£6.95
Filled with your choice of tuna and spring onion mayo, baked beans or cheddar cheese	
Vale Char-grilled Chicken Salad	£11.95
Crisp cos lettuce, Caesar dressing, sundried tomatoes, olives, grilled artichoke hearts and shaved Parmesan, topped with sliced grilled chicken breast	
Superfood Salad (VG)(G)	£8.95
Kale and spinach with blueberries, avocado, walnuts, broccoli and seeds, with lemon dressing	
Add Grilled Salmon	£4.00
Add Grilled Chicken	£4.00
Quinoa and Feta Tabbouleh (VG)(G)	£8.50
Mixed leaves, diced cucumber, cherry tomatoes, mint and pomegranate	
Add Grilled Salmon	£4.00
Add Grilled Chicken	£4.00



LUNCH MENU

ALL DAY GOURMET BURGERS

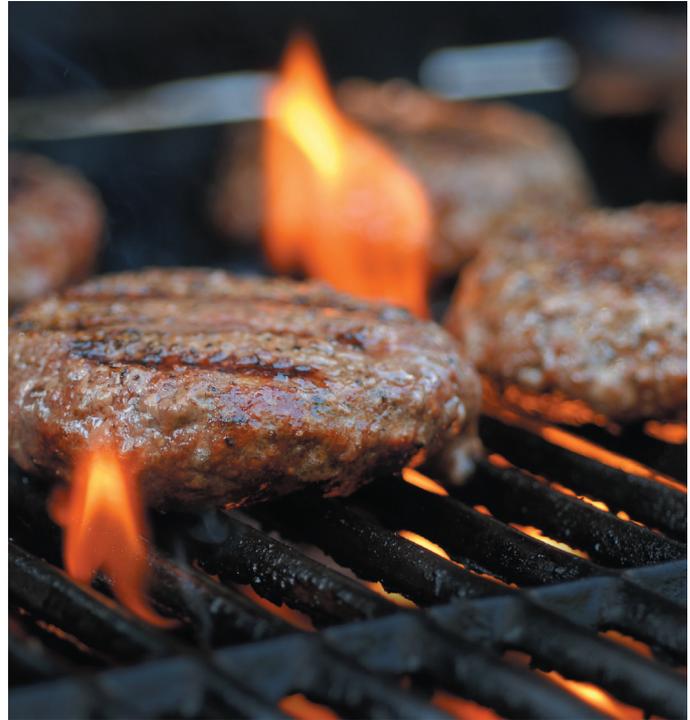
Char-grilled 8oz Beef Burger £13.95
Special house burger relish, sautéed onions, Monterey Jack cheese, crisp smoked streaky bacon served with seasoned skinny fries on a toasted brioche bun

Buttermilk Battered Fried Chicken Burger £13.95
Monterey Jack cheese, crisp smoked streaky bacon served with seasoned skinny fries on a toasted brioche bun

Char-grilled Portobello Burger (VG) £10.50
Crunchy panko gremolata and smoky aioli, served with creamy vegan coleslaw served with seasoned skinny fries

Homemade Chickpea and Courgette Falafel Burger (VG) £9.50
Shredded pimentos and harissa hummus, served with creamy vegan coleslaw served with seasoned skinny fries on a seeded bun

Beer Battered Cod £10.50
Mushy peas, chunky chips, tartar sauce



SIDES

Steamed Broccoli (VG)(G) £2.95
Seasoned Skinny Fries (VG)(G) £2.95
Toasted Garlic Ciabatta £2.95
Bowl of Chunky Chips (VG)(G) £2.95

DESSERTS

Assortment of Ice Creams or Sorbets £4.95
Warm Fudge Brownie £5.95
Pouring cream and chocolate ganache
Selection of Artisan Welsh Cheeses (V)
Gourmet cheese biscuits and mustard fruits
Three Cheeses £8.75
Five Cheeses £10.95

KIDS MENU *For children under 10 only*

Kids Meal Deal £7.95
Main, dessert and drink

Ham and Cheese Salad Wrap
Cucumber and carrot batons

Grilled Cheese Sandwich
Cucumber and carrot batons

Fish Fingers
Chips, peas and side salad

Chicken Goujons
Chips, beans and side salad

Grilled Chicken Strips
Chips, peas and side salad

Creamy Grilled Chicken and Broccoli Penne

Penne Primavera (VG)
Fresh vegetables, homemade tomato sauce

Ice Cream (V)(G)
Brownie (V)
Fruit Salad (VG)(G)
Fruit Yoghurt Pot (V)(G)