

REDUCED *tariff* CHOICE

TRADITIONAL SWEDISH MASSAGE (50 MINS)

The world's favourite traditional massage and one as popular today as ever.. A massage with softer strokes and the more delicate and bonier parts of your body combined with deeper and stronger strokes where the muscle is thicker will leave you feeling relaxed and ready for whatever life brings next.

AROMATHERAPY MASSAGE (50 MINS)

A full body aroma massage to enhance your mood, be it relaxed, energised, or rebalanced. Also including a scalp massage to leave you tension free. Treatment may be taken with traditional oils.

TEMPLE SPA DRIFT AWAY MASSAGE (50 MINS)

A top-to-toe massage, formulated with a dreamy blend of essential oils, guaranteed to have you drifting away. A full body and scalp massage - we'll wind you down and take your mind off your thoughts for a while. Zzzzzzz!

CLARINS AROMATIC BALANCER FACIAL (50 MINS)

Oily, congested, dry and dull, dehydrated, sensitive... Whatever your skin condition, this customised treatment will rebalance and coax it back to blooming.

TEMPLE SPA MY KINDA SKIN FACIAL (50 MINS)

Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes lymph drainage a face, scalp, hand and arm massage of your choice - choose from tranquil or lifting.

TEMPLE SPA IN GOOD SPIRITS MASSAGE (50 MINS)

An invigorating top-to-toe massage designed to leave you full of vitality. This exhilarating massage encourages lymph drainage and revs up circulation to stimulate the whole mind, body and soul - guaranteed to leave you raring to go.

JESSICA MANICURE OR PEDICURE (50 MINS)

Pampering and effective hand or foot and nail treatment. Relaxing and nourishing to improve skin appearance, beautifying cuticles and nails, including a mini polish to take home.

GELERATION MANICURE OR PEDICURE (50 MINS)

Amazing high gloss, hard wearing and instant dry colour, protecting the natural nail, and lasting up to 3 weeks.

