

# LEISURE BAR MENU

## SANDWICHES AND LIGHT LUNCHES

SERVED 11.00AM-5.00PM

*All sandwiches served with Sea Salt Crisps and Creamy Coleslaw*

**Upgrade to Seasoned Skinny Fries or Onion Rings** £2.00

**Baked Jacket Potato with your choice of:** £6.95

Tuna and spring onion mayo  
Baked beans  
Cheddar cheese  
Slow roasted BBQ pulled pork  
Saag aloo curry (G)

**Cajun Spiced Chicken Caesar Wrap** £7.50  
Shredded cos lettuce, Caesar dressing, shaved parmesan

**Vale Club** £9.95  
Roasted turkey breast, smoked streaky bacon, gem lettuce, beef tomatoe, between three slices of toasted farmhouse bread

**California Club** £8.95  
Chargrilled chicken, avocado, beef tomatoes, crisp gem lettuce, pico de gallo salsa on seeded wholemeal bun

**Ham and Applewood Smoked Cheddar Baguette** £7.25  
Crisp gem lettuce, beef tomatoes, orchard apple chutney

**Tuna and Spring Onion May** £6.95  
Brown bloomer

## SNACKS AND LIGHT BITES

**Freshly Baked Artisan Breads (VG)** £3.75  
Balsamic and olive oil

**Chicken Wings** £7.50  
Choice of Carolina BBQ, teriyaki glaze or hot buffalo style, chunky blue cheese sauce

**Salt and Pepper Crispy Fried Squid** £7.50  
Anchovy and caper tartar sauce

**Smoked Cheddar Arancini (V)** £6.50  
Chilli tomato chutney

**Beef Short Rib Croquette** £7.25  
Panko breading, piccalilli purée, jardinière vegetables

## HEALTHY MEALS

**Vale Chargrilled Chicken Salad** £11.95  
Crisp cos lettuce, Caesar dressing, sundried tomatoes, olives, grilled artichoke hearts, shaved Parmesan, topped with sliced grilled chicken breast

**Quinoa and Feta Tabbouleh (V) (GF)** £8.50  
Mixed leaves, diced cucumber, cherry tomatoes, mint, pomegranate

**Add grilled chicken** £4.00

## ALL DAY GOURMET BURGERS

**Chargrilled 8oz Beef Burger** £13.95  
Special house burger relish, sautéed onions, Monterey Jack cheese, crisp smoked streaky bacon served on a toasted bun, seasoned skinny fries

**Buttermilk Battered Fried Chicken Burger** £13.95  
Monterey Jack cheese, crisp smoked streaky bacon served on toasted bun, seasoned skinny fries

**Homemade Chickpea and Courgette Falafel Burger (VG)** £9.50  
Shredded pimentos and harissa hummus, creamy vegan coleslaw on a seeded bun, seasoned skinny fries

## HOME COMFORT FAVOURITES

**Welsh Dragon Sausage and Mash** £11.50  
Smoked Garlic Sausages, creamy whipped potatoes, Welsh ale and onion gravy

**Beer Battered Cod** £12.50  
Mushy peas, chunky chips, tartar sauce



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## MAIN PLATES

<b>Chargrilled 8oz Sirloin Steak (G)</b> Thick cut chips, roasted tomato, grilled mushroom, side salad	<b>£22.50</b>
<b>Grilled Steak Salad (G)</b> Sliced rump steak, mixed leaves, sautéed potatoes, caramelized red onions, grilled portobello mushroom, chopped cornichon, herb dressing	<b>£16.50</b>
<b>Pan Seared Sea Bream</b> Curried sweet potato, wilted pak choi, chilli mango salsa	<b>£15.50</b>
<b>Chicken Korma - Creamy Chicken and Coconut Curry</b> Basmati rice, naan breads, cucumber raita	<b>£13.50</b>
<b>Saag Aloo - Spinach and Potato Curry (VG)</b> Basmati rice, toasted garlic naan, mango chutney	<b>£12.75</b>
<b>Penne Puttanesca (VG)</b> Spicy tomato, olive and caper ragu tossed in penne pasta <i>Add sautéed prawns</i> <i>Add grilled chicken</i>	<b>£9.75</b> <b>£6.00</b> <b>£4.00</b>

## SIDES

<b>Seasoned Skinny Fries (VG)(G)</b>	<b>£2.95</b>
<b>Beer Battered Onion Rings</b>	<b>£2.95</b>
<b>Side Mixed Leaf Salad (VG)(G)</b>	<b>£3.00</b>
<b>Toasted Garlic Ciabatta</b>	<b>£2.95</b>
<b>Bowl of Chunky Chips (VG)(G)</b>	<b>£2.95</b>



## DESSERTS

Ask your server for Today's Daily Dessert Specials

<b>Assortment of Homemade Ice Creams or Sorbets</b>	<b>£4.95</b>
<b>Warm Fudge Brownie</b> Pouring cream, chocolate ganache	<b>£5.95</b>
<b>Selection of Artisan Welsh Cheeses (V)</b> Gourmet cheese biscuits, fruit mustards <i>Three cheeses</i>	<b>£8.75</b>
<i>Five cheeses</i>	<b>£10.95</b>

## CHILDREN'S MENU

FOR UNDER 10 ONLY

<b>MEAL DEAL</b> Main, Dessert and Drink	<b>£7.95</b>
<b>Ham and Cheese Salad Wrap</b> Cucumber and Carrot Batons	
<b>Grilled Cheese Sandwich</b> Cucumber and Carrot Batons	
<b>Fish Fingers, Chips, Peas, Side Salad</b>	
<b>Chicken Goujons, Chips, Beans, Side Salad</b>	
<b>Grilled Chicken Strips, Chips, Peas, Side Salad</b>	
<b>Creamy Grilled Chicken and Broccoli Penne</b>	
<b>Penne Primavera, Fresh Vegetables, Homemade Tomato Sauce (VG)</b>	
<b>Ice Cream (V)(G)</b>	
<b>Brownie (V)</b>	
<b>Fruit Salad (VG)(G)</b>	
<b>Fruit Yoghurt Pot (V)(G)</b>	

Denotes dishes suitable for - (G) gluten free, (V) vegetarian (VG) vegan. The Vale Resort recognises that it works with a comprehensive list of ingredients and menu items may contain or come into contact with one or more of the 14 common allergens. If concerned, please speak to our staff about the ingredients in your meal, when making your order.