

# CHILDREN'S MENU

FOR UNDER 10'S ONLY

## MEAL DEAL

Main, Dessert and Drink

£7.95

## MAINS

Ham and Cheese Salad Wrap,  
Cucumber and Carrot Batons

Cheeseburger, Fries, Coleslaw

Fish Fingers, Fries, Peas, Side Salad

Chicken Goujons, Fries, Beans, Side Salad

Grilled Chicken Strips, Fries, Peas, Side Salad

Creamy Grilled Chicken and Broccoli Penne

Penne Primavera, Fresh Vegetables,  
Homemade Tomato Sauce **VG**

## DESSERTS

Ice Cream **V G**

Brownie **V**

Fruit Salad **VG G**

Fruit Yoghurt Pot **V G**

All prices include VAT. All weights are approx. prior to cooking.

Denotes dishes suitable for - **G** gluten free, **V** vegetarian, **VG** vegan.

The Vale Resort recognises that it works with a comprehensive list of ingredients and menu items may contain or come into contact with one or more of the 14 common allergens. If concerned, please speak to our staff about the ingredients in your meal, when making your order.

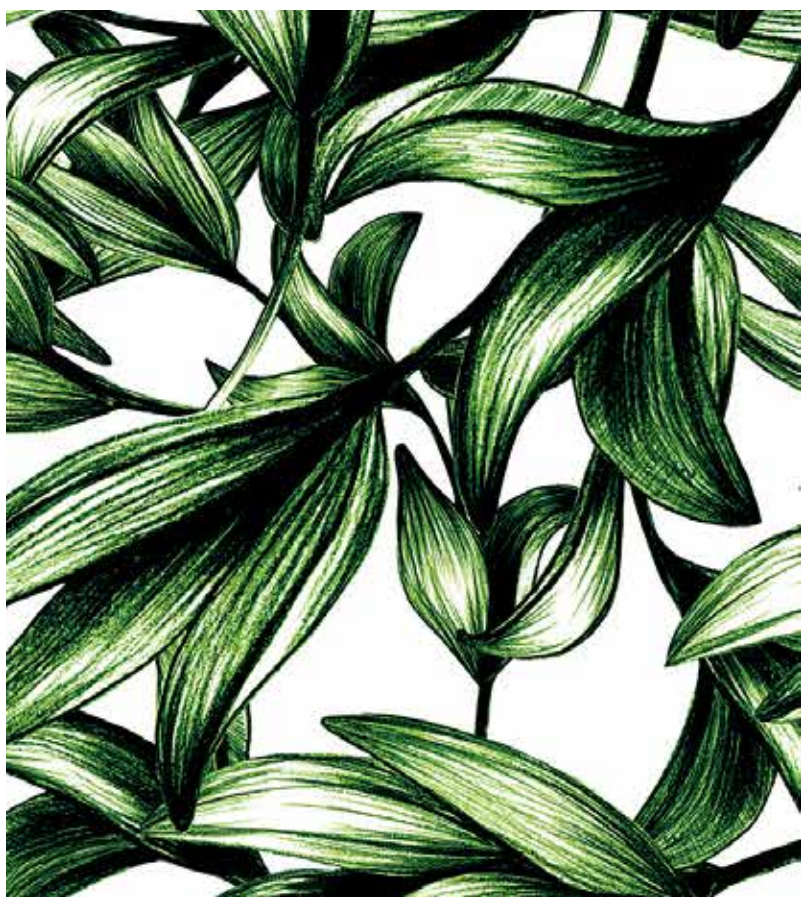


Vale Resort, Hensol, Vale of Glamorgan CF72 8JY  
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VALE BAR

ALL DAY MENU



## SNACKS & SHARERS

**Homemade Soup of the Day** VG £6.95  
Grilled sourdough

**Bread, Olives, Char-grilled Artisan Breads** VG £7.95  
Garlic and chilli olives, extra virgin olive oil, balsamic

**Vale Charcuterie Platter** £11.50 | £19.95 to share  
Artisan Welsh coppa, finocchiona and Monmouthshire air-dried ham, with garlic and chilli olives, char-grilled artichoke hearts, grissini and toasted sourdough, smoked sea salt butter

**Char-grilled Sourdough Bread** V £5.95  
Smoked sea salt and thyme butter

**Southern Fried Chicken Tenders** £9.95  
Buttermilk chicken in crisp spicy herb coating, choice of Buffalo hot sauce, Carolina BBQ sauce, or spicy honey mustard dip

**Mezze Platter** VG £10.95 | £19.50 to share  
Beetroot falafel, pitta breads, harissa hummus, olives, sundried tomatoes, pearl chillies, char-grilled artichokes

**Chilli Beef Dirty Fries** £11.50  
Thick steak cut chips topped with our spicy beef chilli, melted Tex-Mex cheese, sour cream, salsa

**Vegan Dirty Fries** VG £10.95  
Thick steak cut chips topped with spicy black bean chilli, melted vegan smoked cheese, guacamole, salsa

## MAIN PLATES

**Superfood Salad** VG G £11.50  
Kale and rocket with roasted sweet potato, edamame beans, pomegranate, toasted almonds and pumpkin seeds, citrus dressing  
**Add grilled sea bream** £7.50  
**Add grilled chicken** £6.00

**Vale Char-grilled Chicken Salad** £15.95  
Crisp cos lettuce, Caesar dressing, sundried tomatoes, olives, grilled artichoke hearts and shaved Parmesan, topped with sliced grilled chicken breast

**Pan Fried Sea Bream Fillet** G £18.95  
New potatoes, leeks and green beans sautéed with mussels and a white wine and roasted garlic butter sauce

**Welsh Pork and Leek Sausages** £17.50  
Creamy mashed potatoes, mixed vegetables, rich onion gravy

**Spinach and Ricotta Stuffed Tortelloni** V £13.50  
Sautéed spinach, roasted garlic cream sauce  
**Add garlic sautéed prawns** £7.50  
**Add grilled chicken** £6.00

**Penne Puttanesca** VG £13.95  
Spicy tomato, olive and caper ragu tossed in penne pasta  
**Add garlic sautéed prawns** £7.50  
**Add grilled chicken** £6.00

## GOURMET BURGERS

All served on toasted pretzel roll with seasoned skinny fries.

**Beef Burger** £16.50  
Char-grilled double beef patty, gherkins, Dijon mayo, Monterey Jack cheese, crisp smoked streaky bacon

**Wales Classic Burger** £17.50  
Char-grilled double beef patty, leek and mustard relish, beer battered onion rings, Black Bomber Welsh cheddar

**Buffalo Chicken Burger** £16.95  
Buttermilk battered fried chicken breast, coated with hot buffalo sauce, blue cheese mayo

**Char-grilled Halloumi** V £13.95  
Lettuce, tomato and spicy tomato salsa

**Chickpea and Spinach Falafel Burger** VG £13.50  
Harissa hummus, sundried tomatoes, olives and roasted peppers

## SIDES

**Cheesy Garlic Bread** V £4.95

**Seasoned Skinny Fries** VG G £4.50

**Beer Battered Onion Rings** VG £4.95

**Side Mixed Leaf Salad** VG G £3.95

**Seasonal Mixed Vegetables** VG G £3.95

## DESSERTS

Daily offering of Homemade Dessert

**Assorted Homemade Ice Creams and Sorbets** V G VG £6.95

**Warm Fudge Brownie** V £7.25  
Pouring cream, chocolate ganache

**Selection of Artisan Welsh Cheeses**  
Gourmet cheese biscuits, mustard fruits

**Three cheeses** V £10.50

**Five cheeses** V £14.50