



VALE BAR

BREAKFAST MENU

Available 9.00-11.00am

Porridge (V)	£4.95
Choice of seasonal berries or banana and maple syrup	
Breakfast Bap	£5.25
Choice of local sausage, grilled back bacon or fried egg	
Three Egg Omelette	£8.95
Choice of two fillings - ham, mushroom, cheese, chorizo, spinach or spring onion	
	Additional fillings £1.00
Crushed Avocado on Granary Toast (VG)	£4.25
Greek Yoghurt (G)	£4.95
Mixed nuts, seeds and berries	
Toast and Preserves (V)	£2.95
Toasted Teacake with Jam (V)	£2.75

Denotes dishes suitable for - (G) gluten free, (V) vegetarian (VG) vegan. The Vale Resort recognises that it works with a comprehensive list of ingredients and menu items may contain or come into contact with one or more of the 14 common allergens. If concerned, please speak to our staff about the ingredients in your meal, when making your order.

