

DESSERTS

AVAILABLE ALL DAY

Assorted Ice Creams G VG and Sorbets V	£7.25
Warm Fudge Brownie V Pouring cream, chocolate ganache	£7.50
Selection of Artisan Welsh Cheeses Gourmet cheese biscuits, mustard fruits	
Three cheeses V	£10.75
Five cheeses V	£14.95

KIDS MENU

AVAILABLE ALL DAY

FOR UNDER 10'S ONLY

MEAL DEAL

Main, Dessert and Drink **£9.50**

MAINS **£5.95**

Ham and Cheese Salad Wrap, Cucumber and Carrot Batons

Cheeseburger, Fries, Coleslaw

Fish Fingers, Fries, Peas, Side Salad

Chicken Goujons, Fries, Beans, Side Salad

Grilled Chicken Strips, Fries, Peas, Side Salad

Creamy Grilled Chicken and Broccoli Penne

Penne Primavera, Fresh Vegetables, Homemade Tomato Sauce VG

DESSERTS

Ice Cream V G	£3.95
Brownie V	£3.95
Fruit Salad VG G	£3.75
Fruit Yoghurt Pot V G	£3.75

All prices include VAT. All weights are approx. prior to cooking.

Denotes dishes suitable for - G gluten free, V vegetarian, VG vegan.

The Vale Resort recognises that it works with a comprehensive list of ingredients and menu items may contain or come into contact with one or more of the 14 common allergens. If concerned, please speak to our staff about the ingredients in your meal, when making your order.



Vale Resort, Hensol, Vale of Glamorgan CF72 8JY
01443 667800 | www.valeresort.com



VALE BAR

MENU



BREAKFAST

AVAILABLE 9-11AM

Porridge Choice of seasonal berries or banana and maple syrup	£5.25
Breakfast Bap Choice of local sausage, grilled back bacon or fried egg Additional fillings £1.50	£5.50
Three Egg Omelette Choice of two fillings - ham, mushroom, cheese, chorizo, spinach or spring onion Additional fillings £1.50	£8.95
Loaded Breakfast Burrito Scrambled eggs with bacon, sausage, red onion, cheddar and tabasco, wrapped in grilled tortilla served with Cajun spiced sautéed breakfast potatoes	£12.95
Farmhouse Granary Toast Crushed avocado, fresh pico de gallo	£5.50
Greek Yoghurt Mixed nuts, seeds and berries	£5.50
Toast and Preserves	£2.95
Toasted Teacake with Jam	£3.25

SANDWICHES & LIGHT LUNCHES

AVAILABLE 11-5PM

All sandwiches served with sea salt crisps and creamy coleslaw.

Upgrade to seasoned skinny fries or onion rings £2.50

Cajun Spiced Char-grilled Chicken Caesar Wrap Shredded cos lettuce, Caesar dressing and shaved parmesan wrapped in a grilled tortilla	£12.50
Vale Club Roasted turkey breast, smoked streaky bacon, mayo, gem lettuce, beef tomatoes between three slices of toasted farmhouse bread	£13.95
Slow Roasted BBQ Pulled Pork Sourdough baguette, apple butter purée, crispy onions, chilli jam	£11.50
Grilled Sourdough with Sharp Welsh Cheddar Lettuce, tomato, grilled onions, chilli jam	£10.50
BLT Crisp smoked streaky bacon, mayo, gem lettuce, beef tomatoes on grilled white farmhouse bread	£8.95
Tuna and Spring Onion Mayo Toasted brown bread, gem lettuce, tomatoes	£8.95
Char-grilled Mediterranean Vegetables Sundried tomatoes, basil pesto, mixed leaves in a grilled spinach wrap	£10.95
Baked Jacket Potato Filled with your choice of baked beans, cheddar cheese, tuna and spring onion mayo, shredded beef chilli or vegan bean chilli Add a second filling £2.00	£8.95

GOURMET BURGERS

AVAILABLE ALL DAY

All served on toasted pretzel roll with seasoned skinny fries

Beef Burger Char-grilled double beef patty, gherkins, Dijon mayo, Monterey Jack cheese, crisp smoked streaky bacon	£16.95
Wales Classic Burger Char-grilled double beef patty, smoky peppercorn mayo, Perl Las blue cheese, beer battered onion rings	£17.95
Buffalo Chicken Burger Buttermilk battered fried chicken, coated with hot buffalo sauce, blue cheese mayo	£16.95
Char-grilled Halloumi Lettuce, tomato and spicy tomato salsa, fresh pico de gallo	£14.50
Quarter Pounder Vegan Burger Beetroot, red pepper and quinoa burger, harissa hummus, lettuce, tomato, pickled chillies	£13.50

SNACKS & SHARERS

AVAILABLE ALL DAY

Homemade Soup of the Day Grilled sourdough	£7.50
Bread and Olives Char-grilled artisan breads, garlic and chilli olives, extra virgin olive oil, balsamic	£8.25
Vale Charcuterie Platter Artisan Welsh coppa, finocchiona and Monmouthshire air-dried ham, garlic and chilli olives, chilli pearls, grissini, toasted sourdough, Welsh butter and smoked sea salt	£11.50 £19.95 to share
Southern Fried Chicken Tenders Buttermilk chicken in crisp spicy herb coating, choice of Buffalo hot sauce, Carolina BBQ sauce, or spicy honey mustard dip	£9.95
Mezze Platter Pitta breads, harissa hummus, olives, sundried tomatoes, chilli pearls, grilled Mediterranean vegetables	£10.95 £19.50 to share
Chilli Beef Dirty Fries Thick steak cut chips topped with our spicy beef chilli, melted Tex-Mex cheese, sour cream, salsa	£11.95
Vegan Dirty Fries Thick cut chips topped with spicy black bean chilli, melted vegan smoked cheese, guacamole, salsa	£11.50

MAIN PLATES

AVAILABLE ALL DAY

Superfood Salad Kale and rocket with roasted pumpkin, edamame beans, pomegranate, toasted almonds and mixed seeds, yuzu citrus dressing Add grilled salmon £7.50 Add grilled chicken £6.50	£11.50
Vale Char-grilled Chicken Salad Crisp cos lettuce, Caesar dressing, sundried tomatoes, olives and shaved Parmesan topped with sliced grilled chicken breast	£16.50
Welsh Pork and Leek Sausages Creamy mashed potatoes, roasted root vegetables, rich onion gravy	£17.75
Spinach and Ricotta Stuffed Tortelloni Sautéed spinach, roasted garlic cream sauce Add garlic sautéed prawns £7.50 Add grilled chicken £6.50	£13.95
Penne Alla Pesto Penne pasta, roasted garlic, basil pesto, toasted pine nuts, char-grilled Mediterranean vegetables Add garlic sautéed prawns £7.50 Add grilled chicken £6.50	£14.95

SIDES

AVAILABLE ALL DAY

Cheesy Garlic Bread	£4.95
Seasoned Skinny Fries	£4.75
Beer Battered Onion Rings	£4.95
Mixed Leaf Salad	£3.95
Seasonal Mixed Vegetables	£4.25