




















VALE BAR

MENU



Breakfast Available 9-11AM			Snacks & Sharers Available All Day		
	Porridge Choice of seasonal berries or banana and maple syrup	 £5.65		Homemade Soup of the Day Grilled sourdough	 £8.00
	Breakfast Bap Choice of local sausage, grilled back bacon, fried egg  or plant based sausage 	£5.75		Bread and Olives Char-grilled artisan breads, garlic and chilli olives, extra virgin olive oil, balsamic	 £9.00
	Additional fillings £1.50				
	Three Egg Omelette Choice of two fillings - ham, mushroom, cheese, chorizo, spinach or spring onion Additional fillings £1.50	£10.25		Vale Charcuterie Platter Artisan Welsh coppa, finocchiona and Monmouthshire air-dried ham, garlic and chilli olives, chilli pearls, grissini, toasted sourdough, Welsh butter and smoked sea salt	£12.95 £21.50 to share
	Farmhouse Granary Toast Crushed avocado, fresh pico de gallo	 £5.95		Southern Fried Chicken Tenders Buttermilk chicken in crisp spicy herb coating, choice of Buffalo hot sauce, Carolina BBQ sauce, or spicy honey mustard dip	£11.50
	Greek Yoghurt Mixed nuts, seeds and berries	  £5.95		Mezze Platter Pitta breads, harissa hummus, olives, sundried tomatoes, chilli pearls, grilled Mediterranean vegetables	 £12.95 £21.50 to share
	Toast and Preserves	 £3.50		Chilli Beef Dirty Fries Thick steak cut chips topped with our spicy beef chilli, melted Tex-Mex cheese, sour cream, salsa	£13.25
				Vegan Dirty Fries Thick cut chips topped with spicy black bean chilli, melted vegan smoked cheese, guacamole, salsa	 £12.75
Sandwiches & Light Lunches Available 11-5PM			Main Plates Available All Day		
<i>All sandwiches served with sea salt crisps and creamy coleslaw.</i> Upgrade to seasoned skinny fries or onion rings £3.00				Superfood Salad Kale and rocket with roasted pumpkin, edamame beans, pomegranate, toasted almonds and mixed seeds, yuzu citrus dressing Add grilled salmon £8.75 Add grilled chicken £7.25	  £12.95
Cajun Spiced Char-grilled Chicken Caesar Wrap Shredded cos lettuce, Caesar dressing and shaved parmesan wrapped in a grilled tortilla		£13.75		Vale Char-grilled Chicken Salad Crisp cos lettuce, Caesar dressing, sundried tomatoes, olives and shaved Parmesan topped with sliced grilled chicken breast	£18.95
Vale Club Roasted turkey breast, smoked streaky bacon, mayo, gem lettuce, beef tomatoes between three slices of toasted farmhouse bread		£15.95		Welsh Pork and Leek Sausages Creamy mashed potatoes, roasted root vegetables, rich onion gravy	£18.75
Slow Roasted BBQ Pulled Pork Sourdough baguette, apple butter purée, crispy onions, chilli jam		£12.75		Spinach and Ricotta Stuffed Tortelloni Sautéed spinach, roasted garlic cream sauce Add garlic sautéed prawns £8.75 Add grilled chicken £7.25	 £16.25
Grilled Sourdough with Sharp Welsh Cheddar Lettuce, tomato, grilled onions, chilli jam		 £12.25		Penne Alla Pesto Penne pasta, roasted garlic, basil pesto, toasted pine nuts, char-grilled Mediterranean vegetables Add garlic sautéed prawns £8.75 Add grilled chicken £7.25	 £17.25
Spicy Falafel Tortilla Wrap Shredded vegetables and harissa		 £10.25			
BLT Crisp smoked streaky bacon, mayo, gem lettuce, beef tomatoes on grilled white farmhouse bread		£10.25			
Tuna and Spring Onion Mayo Toasted brown bread, gem lettuce, tomatoes		£10.25			
Baked Jacket Potato Filled with your choice of baked beans, cheddar cheese, tuna and spring onion mayo, shredded beef chilli or vegan bean chilli Add a second filling £2.00		£10.25			
Gourmet Burgers Available All Day			Sides Available All Day		
<i>All served on toasted pretzel roll with seasoned skinny fries</i>				Cheesy Garlic Bread	 £5.75
Beef Burger Char-grilled double beef patty, gherkins, Dijon mayo, Monterey Jack cheese, crisp smoked streaky bacon		£18.50		Seasoned Skinny Fries	  £5.25
Wales Classic Burger Char-grilled double beef patty, smoky peppercorn mayo, Perl Las blue cheese, beer battered onion rings		£19.25		Beer Battered Onion Rings	 £5.75
Buffalo Chicken Burger Buttermilk battered fried chicken, coated with hot buffalo sauce, blue cheese mayo		£18.50		Mixed Leaf Salad	  £4.50
Char-grilled Halloumi Lettuce, tomato and spicy tomato salsa, fresh pico de gallo		 £15.95		Seasonal Mixed Vegetables	  £4.50
Portobello Burger Char-grilled portobellos stuffed with mushroom duxelle, melted smoked applewood vegan cheddar, smoky peppercorn mayo		 £15.95			

DESSERTS

AVAILABLE ALL DAY

Assorted Ice Creams G VG and Sorbets V	£8.00
Warm Fudge Brownie V Pouring cream, chocolate ganache	£8.50
Selection of Artisan Welsh Cheeses Gourmet cheese biscuits, mustard fruits	
Three cheeses V	£12.50
Five cheeses V	£17.25

CHILDREN'S MENU

AVAILABLE ALL DAY

FOR UNDER 10'S ONLY

MEAL DEAL Main, Dessert and Drink	£10.75
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MAINS	£6.75
Cheeseburger, Fries, Coleslaw	
Fish Fingers, Fries, Peas, Side Salad	
Chicken Goujons, Fries, Beans, Side Salad	
Penne with Tomato and Cheese Sauce V	

DESSERTS	
Ice Cream V G	£4.75
Brownie V	£4.75
Fruit Salad VG G	£4.50

All prices include VAT. All weights are approx. prior to cooking.

Denotes dishes suitable for - G gluten free, V vegetarian, VG vegan.

The Vale Resort recognises that it works with a comprehensive list of ingredients and menu items may contain or come into contact with one or more of the 14 common allergens. If concerned, please speak to our staff about the ingredients in your meal, when making your order.



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